



WHITewater CANOEING IN THE NORTHLAND

The Bois Brule is one of the best-known rivers east of the Mississippi. For over 100 years, it has been known as an exceptional trout stream where five U.S. presidents have fished. It is also one of Wisconsin's finest whitewater canoeing streams! Long before the white man arrived, native Indians used the Brule as a link between Lake Superior and the Mississippi.

The river has two distinct personalities. The upper river flows through miles of coniferous bog and is fed by numerous springs. Further on its thirty-mile trek to Lake Superior, flashing cascades tumble over rocks and ledges between steep river bluffs forested with aspen and balsam fir.

Deer, grouse, geese, bald eagle, osprey and other wildlife are abundant in the area and are often observed from the river. Occasionally, fisher and bobcat allow themselves to be viewed. Due to bogs in the upper watershed, water levels are relatively even throughout the season. Your travels will take you from the tranquil waters of Stones Bridge through the thrilling rapids of Copper Range to the sandy shores of Lake Superior.

Your trip will include training and orientation on the Amnicon River and four days of paddling and camping on the Brule River. Whether exploding through a standing wave or watching your friends build skills and confidence, you will enjoy every exciting moment and return home with a real sense of accomplishment. Come and join us!

SAFETY

Safety is a prime concern for Amnicon. Each trip is led by mature guides. They are certified in Lifeguarding, CPR and Wilderness First Aid and have received extensive training in emergency simulations, canoeing skills, and leadership development. Amnicon has a 38-year safety record and meets the high standards established by the American Camping Association for accreditation. In the event of an emergency, help can be obtained at several roadways that cross the river. These roadways are always within 4 hours travel by canoe or foot from where the group will be at anytime.

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TYPICAL SCHEDULE

DAY ONE

Arrive at Amnicon between 2-4 pm
Meet your guides!
Sauna, volleyball, or relax
Dinner
Health and Safety orientation
Go over the specifics of your trip with your guide
Campfire, singing, devotions on the Lake Superior beach

DAY TWO

Breakfast and First Word
Swim assessment
Canoe safety and orientation
Lunch
Whitewater canoe instruction
Practice whitewater maneuvers
Dinner
Volleyball, games, relaxation, theme-study

DAY THREE

Breakfast and First Word
Pack your Duluth packs and load the canoes
Depart for the Brule River

DAYS THREE -FIVE (*traveling days*)

Breakfast and First Word
Break camp
Canoeing through tranquil waters and thrilling rapids
Set up camp
Swim, explore, games, theme study, environmental-activities
Cook dinner over an open fire
Campfire and discussions, singing, stargazing, stories, Last Word
Fall asleep to the lullaby of the wilderness

DAY SIX

Breakfast and First Word
Break camp and paddle to mouth of river on Lake Superior
Travel back to Amnicon
Unpack and clean up
Evaluation and farewells
Depart from Amnicon around 4 pm

Amnicon is an outreach ministry of Central Lutheran Church. Amnicon's programs are open to everyone. No one will be discriminated against because of race, color, national origin, sex, disability or age. Any person who believes that anyone has been discriminated against in any USDA related activity should write immediately to the Administrator, Food and Nutrition Service, 3101 Park Drive, Alexandria, VA. 22302.